

Resident Council

DATE: January 6, 2012 There were fifteen residents and five staff members present at the meeting. Kathy Jensen was given permission to conduct the meeting. The featured Resident Right of the month was read and the minutes of the previous meeting were read and approved.

DIETARY: Kathy talked about guest meals and the importance of letting the kitchen know 24 hours in advance. The notice allows the kitchen staff to prepare enough food for the meal. The guest meal cards are in a holder beside the kitchen door. Please fill them out and give them to the kitchen staff. After the meal has been served, the kitchen staff will then give the form to Renae to bill out. Darlene, our dietary supervisor, talked about the breakfast buffet saying that due to the shortage of kitchen staff this is the easiest way to present breakfast. She asked how everyone liked the buffet and the response was very positive. It was suggested that we have Clam Chowder. Darlene is very open to any suggestions the residents and staff have for menus.

FACILITY: The Lodge completes a Quality Study every six months. The next study will be to review each resident's business file to see if there is a Living Will present. The State of Montana POLST (Provider Orders for Life Sustaining Treatment) form was explained. A signed POLST form informs Emergency Services (ambulance crew) if you do not wish CPR be given in the case of a cardiac episode. A sample form was given. Originals will be available in the future in the office. Please see Kathy J. for more information. Both the Living Will and the POLST form (if desired) are important as they share your wishes with your family and care providers.

The Lodge has had a request for a wedding to be performed outdoors on The Lodge property. Kathy J. asked the residents if there were any objections, it was decided to grant the request.



Wear a hat to
Coffee—Jeannette
having fun!

Resident Spotlight

Jeannette Parsons

Jeannette Parsons was born in Vermillion, South Dakota to Alonso and Hazel McDonald Cotton. She had two brothers and two sisters. Jeannette remembers playing kick the can on the city streets with her siblings and that they did not pay too much attention to traffic. When the war started, she worked on a farm stacking hay and driving tractor. She went to high school in Vermillion. After high school, a cousin was in charge of a Girl Scout Camp and asked her to help in the dining room. What she didn't tell her was that she would have to cook on the cook's days off! Her favorite meal to make was Noodles Delight (with secret ingredients)! Another adventure was to Lafayette, Indiana to see her sister. A neighbor asked her to go with his family to the lake for the summer to help with the children, or was it to teach the kids to swim! Later, she went back home to help care for her mother through an illness. Jeannette went on to attend the University of South Dakota in Dramatic Art. She spent a summer at the Black Hills Playhouse, *The Legend of Devils Gulch*, and assisted with making the sets. A friend from college asked her to go to California. She took a 400 mile bus trip from Vermillion to Rapid City and drove with her friend, a history buff. Jeannette remembers learning lots on that trip! Arriving in San Francisco, she toured a neighborhood and found Gumps, an art store. She asked the manager for a job and got one! She also worked at the Hyde Street Playhouse by the bay in production. There she met Bill, her sweetheart, who worked at the theatre and at a spaghetti factory. They married and rented a houseboat by Gate 5 in Sausalito Bay. Pretty soon, Sarah was to be born, and the doctor advised she go back to South Dakota to have the baby. Bill & Jeannette made the trip and later returned to California, where Rebecca was born. Bill passed away at the age of 48. Jeannette worked as an Admin. Asst. for the 12th Coast Guard District. She now enjoys four grandchildren, puzzles, western books, Grey's Anatomy, and anything sweet. Welcome to The Lodge and to Montana! It's special to be close to fam-



Happy Staff Birthdays!



Renae Ash — Feb. 4
Katie Fullmer — Feb. 6
President's Day — Feb. 20
Cathy Norgaard — Feb. 22
Marlys Binder — Feb. 24



Tenant Right For the Month

Exercise of Rights

As a resident of The Lodge, you have the right to exercise your rights as a resident and as a citizen of the United States, free from interference, coercion, discrimination or reprisal from the facility. This year is a year with many political races, including President of the United States. As a citizen of the United States, you have the right to vote. If you need an absentee ballot sent to you at The Lodge, as it is a hardship for you to get to the voting booths, please ask the front desk for information.

Great American Pie Day



Residents Enjoy Pie Et Coffee!

Groundhog's Day



February 2 is traditionally known as Groundhog Day. It is a fun (not legal) holiday. It has been celebrated each year in America since 1887. On this day, a groundhog named "Phil" predicts the weather. Early immigrants from Germany who were farmers would use the animal to predict the weather. This was done in hopes of getting an idea of when to start planting. Legend said that if Phil sees his shadow, there will be six more weeks of winter weather. What will he see this year?

ACTIVITIES: We have many residents and staff with January birthdays. We also have several activities planned for this month starting with Bee Club. The Club is hosting a welcome party for the new residents. On January 12th we will have the Great American Pie Day. We will ask the cook not to prepare any dessert that day! Martin Luther King Day is on Monday January 16th. We will celebrate Chinese New Year with a special Chinese meal prepared by Darlene. Remember to wear your hat to coffee on January 27th. We will end the month with the monthly Birthday Party on January 31st.

LUNCH BUNCH: The lunch bunch will take residents to Miller's Corner in February. January took us to the Kentucky Fried Chicken.

SPOTLIGHT: Jeannette Parsons will be the resident in the spotlight and Lacy Hutchens will be the staff member in the spotlight. Bernice Kozak won the door prize for being in attendance at the meeting.

Lodge



Valentines



Lila Et Harold Buxbaum
66 Years



Charlotte Et Web Thackeray
45 Years

SAFETY NEWS:



Residents and Guests please note that an Employee Only sign has been placed on the east kitchen door. A safety concern was identified when residents bring their coffee cups and dishes into the sink. The floors may be wet by the dishwasher or have just been washed. We do not want you to fall! A tub for your cups will be provided on the cart by the coffee machine. Thank you!

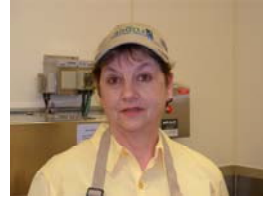


Residents, please consider parking your vehicles in the parking lot rather than the guest parking area. Guests are parking down the street or in the circular driveway to get close to the building. The front area has to be kept clear for emergency vehicles. If you need assistance to have your vehicle brought to the lobby door, simply ask at the front desk. Thank you! Let's keep our guests safe!

The lobby doors are now being locked earlier for the safety of residents & staff. If you are returning late, let the staff know. Call the front desk or ring the bell to be let in. Thanks!

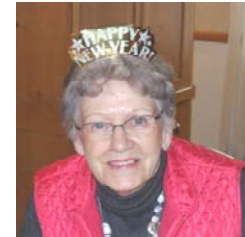


Staff Spotlight



**DARLENE
GURNEY**

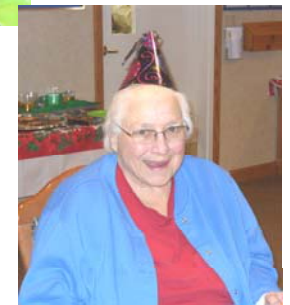
Darlene started work in late January in food service at The Lodge. She retired from Sidney Sugars after 41 years and wants to keep busy. Welcome to a busy place!! She was born, along with two brothers, in Sidney to Hazel & Hartley Rosaaen. Her favorite teacher was Hilda Bock who taught math & home economics. She married Frank Gurney III and had four children, Scott, Steve, Kim & Karen. Darlene's favorite hobby is gardening and yard-work.. She also enjoys reading gardening and health books. Her favorite television shows are American Idol and Dancing with the Stars. Footloose and Grease are her favorite movies. Darlene's favorite vacation was when her son took her to Paris, France. When asked if she could travel anywhere in the world, she chose Hawaii, Darlene will be assisting the cooks during the supper meal, activities, and maybe even planting the flowers! Yeah! Darlene, welcome to The Lodge!



WEAR YOUR HAT TO COFFEE DAY!



HAPPY NEW YEAR! 2012



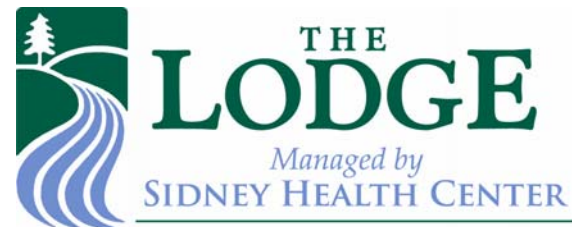


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THE LODGE



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Lodge Life

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A View From The Lodge by Kathy Jensen, Director

The Lodge sends its best wishes to Jeanette Rhines going home, Shirley Anderson moving to be closer to family, & Elizabeth Weber, Darvin Ruggles, and Elizabeth Paulson at Extended Care.

Valentine's Day, President's Day, and a Leap Year with 29 days is here! The weather has been great this winter, allowing the residents to come and go without any hardship. Everyone has welcomed the nicer days compared to last year.

Great news from the kitchen, we are now fully staffed and in the process of training. The gals in the kitchen have done a great job of putting out some awesome meals, buffets, and working long hours. Thank you!

February 3 is National Wear Red Day* to support the fight against heart disease in women. Whether female or male, most of us know someone affected by heart disease. *National Wear Red Day® is a registered trademark of HHS (U.S. Department of Health & Human Services) and AHA (American Heart Association).

Wear RED on Friday, February 3rd!!!



LIFE LESSON: Hardening of the heart ages people more quickly than hardening of the arteries.

